

## WHY TOPLINE IS NOT JUST IMPORTANT IN SHOW HORSES



Having a healthy topline is important for all horses whether they are pleasure horses, show horses or pets. If you go to the gym you will see everyone from the extreme athlete to people recovering from injuries to stay-at-home-moms and elderly people working toward a healthy and strong core for overall health. Horses are similar in that they need a strong core in order for the rest of their bodies to work to properly.

It's been said that a healthy topline is the key to overall horse health and 7 out of 10 American Association of Equine Practitioners agree. The rest of your horse's body can't work to its maximum potential if his core isn't strong. Even if you have an idle horse that's recovering from injury or has had the winter off he will come back into work more safely and quickly if you keep up with a balanced diet that's supportive of his topline health while he's taking a break.

No matter what job your horse has, he will be feeling and/or performing his best if his overall health is the best it can be. That all starts with a diet that is supportive of his topline. Your lesson horses and trail horses may work just as hard as the elite show jumpers and you as their care taker want them feeling and looking their best no matter what their job is. Even the retired horse will age more gracefully and without compromising stature if their topline is maintained through diet.

Amino acids are the building blocks of protein which provide for the building of muscle supporting the topline. Feeding a feed that is specifically formulated to support these muscles in the correct ratios for your horse is the best way to support his overall health. Purina has solutions for all types of horses; the senior, the athlete, the easy keeper, and the maintenance horse. Talk with an equine specialist today to help determine the best feeding program for your horse to help support a strong and healthy topline, your specialist will review your horses body condition, Topline score, exercise / activity level, age , breed along with the appropriate measurements of a Purina complete feed with addition of Pur Athlete and Optimal if required. Your horse is our priority- book an appointment now.

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Contact your Consultant Nutritionist today @Purina Connect,  
via Facebook on Purina Canada Equine, at 1-888-458-6914 or [connect@equipurina.ca](mailto:connect@equipurina.ca)  
These will help you with the nutrition of your horses of all ages and types. They are there to share great moments with you for the good of horses in general